

The PE Department



Mr. Poeti
Curriculum Leader of PE



Mr. Tebb
PE Teacher & DofE Coordinator



Miss Hill
PE Teacher & Head of Holmes
School



Miss Flitney
PE Teacher



Mrs Clegg
PE Teacher



Mr Lyons
PE Teacher and
Assistant Head Teacher

PE Department

- PE is taught as a core subject and is available to the following year groups:

KS3 2 lessons per week

KS4 2 lessons per week

GCSE 5 lessons over 2 weeks

KS5 9 lessons over 2 weeks

PE Facilities and Resources

- We have a range of venues to teach practical PE. Our outdoor areas include our vast and picturesque fields, which are maintained to an exceptional quality, and our hard court area has been newly resurfaced. Indoors, we have a large sports hall, use of the main school hall, and drama studios.
- We have a plethora of equipment for all aspects of the curriculum, which includes a wealth of sports available to all pupils
- There are plans in place for a new, state-of-the-art sports hall to be built on site

The PE Curriculum KS3

- In Year 7 and 8 PE lessons, students will participate in a number of different sports to develop both physical skill set and knowledge of the activity
- Students will participate in two different sporting disciplines each week throughout the year
- Sports are changed every half term to enable enough time to introduce the sport, develop key skills within the sport and then apply these to a competitive situation

Sports include:

Orienteering, Football, Netball, Basketball, Gymnastics, Dance, Lacrosse, Hockey, Table Tennis, Rugby, Handball, Tennis, Rounders, Athletics, Ultimate Fitness, Badminton

PE Extra-Curricular Provision

- The PE Department offers numerous opportunities for extra-curricular activities; we pride ourselves in leading enriching visits for students across all of our key stages.
- We also run a number of trips each year which help develop pupils' physical and mental prowess as well as giving pupils the opportunity to travel around the UK and abroad. Some of the clubs and trips we run are:

-Football

-Netball

-Rugby

-Tennis

-Rugby

-Athletics

-Rounders

-Ski Trip

-Sports Tours nationally and internationally