

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Misbourne Way Getting to know you Friendships and Bullying Prejudice (this will be used next year) Staying Safe Online Growth Mindset	Careers Employability skills, interview skills, guest speaker and money management.	Democracy & Parliament History of democracy, campaign for suffrage, parliamentary institutions, how laws are made, House of Lords, Monarchy, political spectrum.	Diet, Exercise and Healthy Choices Intro to mental wellbeing, good hygiene, diet and exercise, personal safety (inc. e-safety & road safety). Understanding body image.	Romance and Friendships Self-esteem, romance and friendships, puberty, Exploring family life	Public Speaking Developing oracy through advocacy & social action related to topics studied this year Possible examples: Campaigns to raise awareness of social issues and enact change, including in school.
Year 8	Politics & Participation Political stereotypes, voter apathy, voting age, political parties, Conservative and Labour. Controversies: antisemitism & Islamophobia	Careers Qualities, stereotyping, the quandary, goals and ambitions.	Mental health and emotional wellbeing Attitudes towards mental health, unhealthy and healthy coping strategies, digital resilience, bullying and online stress.	Rights & Responsibilities British values, Human rights, Legal Rights, Discrimination Responsibilities, R&R in the workplace.	Relationships Introduction to sexuality and consent (inc. intro to FGM), sexism, stereotypes, healthy relationships.	
Year 9	Conflict & Consensus Causes, resolution, international conflict gangs, tackling homophobia, transphobia, racism and sexism, Knife free and positive role models	Mental health and healthy lifestyle. Mental health, anxiety, self-harm, eating disorders, coping strategies, mindfulness.	Managing Money Saving and spending, living within our means, managing money, gambling.	Drugs Education Alcohol and illegal drugs, managing peer pressure & risky behaviour, prescription drugs, evaluating the impacts of drug use.	Relationships & Sex Education Including family, healthy relationships and consent – how to recognise exploitation and abuse, grooming. The risks and prevalence of STIs.	
Year 10	Law & Order Breaking the law, Police, CPS, courts and sentencing, prisons, evaluation of effectiveness of CJS.	Financial Planning Wages, taxation, consumer rights, debt, money and wellbeing.	Careers and Study Skills [6] Career interests, how values affects career aspirations, revision timetable, revision techniques: condensing notes, flashcards, exam practise.	Religion in the 21st Century Changing religious traditions, tackling forced marriage, and FGM, challenging extremism and radicalisation, religious tolerance.	Mental Health and Wellbeing New challenges, recognising illness, negative thinking, promoting wellbeing. Work-life balance, 'always-on' culture and how employment is changing	Relationships & Sex Education Sexuality and transgender. same sex relationships, LGBT+ safe sex, consent and rape. Controlling relationships, managing break ups, revenge porn, teenage pregnancy and parenting.
Year 11	Careers CV writing, applications and interview skills for employment Revision for PPEs	Mental Health and Wellbeing New challenges, recognising illness, negative thinking, promoting wellbeing, Attitudes towards mental health, unhealthy and healthy coping strategies, digital resilience.	Media Literacy Types of media, who funds the media, targeted advertising, identifying quality journalism and fake news, impact on politics & democracy.	Study Skills Revision timetable, retrieval practise, knowledge organisers, active revision, managing stress.		