

OCR Cambridge Technical Extended Certificate Level 3 Health and Social Care Bridging Work

Specification Code: 5831

Specification Link:

<https://www.ocr.org.uk/Images/260585-cambridge-technical-health-and-social-care-summary-brochure.pdf>

(Refer to pages 16 and onwards)

Unit details (for the first two units studied at the start of Year Twelve)

<https://www.ocr.org.uk/Images/258654-building-positive-relationships-in-health-and-social-care.pdf>

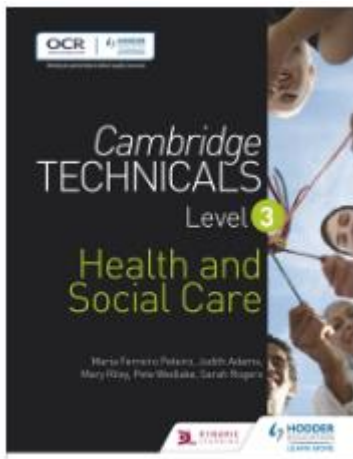
<https://www.ocr.org.uk/Images/258659-anatomy-and-physiology-for-health-and-social-care.pdf>

Core Text(s)

This is the textbook for the CTECH Health and Social Care Level 3 specification – please order as soon as you can to ensure it is delivered before you start the course in September.

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Bridging Work (to be submitted in your first lesson in September)

Activity 1

You are thinking about a career as a maternity nurse/midwife, with this in mind, and linking to coursework that you will be completing in your first year of CTec Level 3, create an information document that could be handed to a first time mother that gives a basic explanation of pregnancy and what she should expect to experience in each trimester as her body changes up until birth. The document can be in any format using both text and visuals but should only be based on the changes the mother would experience.

Activity 2

For this activity you are now only going to be looking at the end of pregnancy and the preparations for birth. Using good research skills, which could include an interview with a parent or friend, create an information document that explains the different types of birth procedures and facilities that can be offered to an expectant mother. Examples to use could be, (amongst others), a private hospital birth, a NHS hospital birth and a home birth. Your document should include a comparison of what facilities are available to the mother and her birthing partner for each method chosen. Your document should include text and visuals.

